



PO Box 356  
Lapeer, MI 48446  
810-667-4175 crisis  
810-667-4193 Bus.  
www.lacada.org

### BOARD of Directors

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### EXECUTIVE CO DIRECTORS

KIMBERLY HEBBERD  
TRACEY A. WALKER

### MISSION STATEMENT

To provide safety for survivors of domestic violence and their children.

To advocate for justice.

To reduce the incidences of domestic violence in our community.

To focus on direct services and social changes.

To abolish attitudes and practices used by assailants.

To leverage community resources for survivors.

To help survivors of domestic violence empower themselves

# LACADA *VIEW*

LAPEER AREA CITIZENS AGAINST DOMESTIC VIOLENCE Winter 2004/05

SHELTER



EMPOWERMENT



ADVOCACY

## LACADA ENTERS NEW SHELTER

This past August, LACADA proudly moved into a larger, handicap accessible emergency shelter. This new facility combines business offices with a homey living area for residents. The emergency bed capacity has gone from 12 beds to 17 beds and includes a new handicap ramp, a first floor bedroom and a full handicap accessible bathroom and laundry room. LACADA's Board of Directors and staff would like to **THANK** all the service groups, churches, businesses, and individuals who painted, cleaned, donated their time, raised funds to purchase furniture and sponsored bedrooms. We will be forever grateful to the following sponsors; without your support this move would never have been possible.

|                                  |                           |                           |              |
|----------------------------------|---------------------------|---------------------------|--------------|
| Lapeer County Bank & Trust       | Ann House                 | Lapeer Optimist           | Tuesday Club |
| Lapeer Kiwanis                   | Dietec Tool               | Independent Bank          | Walmart      |
| Faith Christian Family Church    | Lapeer Regional Hospital  | Immaculate Conception     | Jan Herrick  |
| Dixie Stoll                      | Karmen & Brian Wilson     | Untied Methodist Women    | Zonta        |
| Fred & Linda McAlpine            | Elda Augustine            | Lapeer DV Coalition       | Jean Bonior  |
| Shelia & James Ward              | Hill's Health Enterprises | Lapeer Lions Club         | Fred Sintay  |
| Lapeer Co. Deputy Sheriff Assoc. | David & Sherry Moran      | NorthLand Family Planning | Lynn Atwell  |
| Lapeer County Firemen's Assoc.   | City of Lapeer Firemen    | Pat & Val Benson          | Lynn Butler  |
| BMI Premium Connections          | Dennis Mullaly            | Diane Larkin              | Sara Coulter |

## USED CELL PHONE DRIVE

LACADA is placing cell phone donation boxes throughout the county in an attempt to collect used cell phones. The cell phones can be used so clients can call 911 in emergency situations or turned into funding for our organization. These local area businesses were kind enough to allow us to place boxes there. We would like to thank them and our community for all of their past and future support. If you have any questions about the cell phone drive feel free to contact Brandi at (810)-245-0632 or (810)-667-4175. [lacada@lacada.org](mailto:lacada@lacada.org) [www.lacada.org](http://www.lacada.org)

Bennett Communications – 10 E. Genesee,  
Curves For Women – 558 S. Main St, Lapeer  
Bryan's Market – 6002 N. Lapeer Rd, North Branch  
Curves For Women – 2994 S. Vandyke, Imlay City  
The Sunny Daze Café – 5541 Main St, Dryden  
Metamora Post Office – 3795 Oak, Metamora  
Superior Communication Center – 520 S. Main St Ste 102, Lapeer

Lapeer Kroger – 540 S. Main St, Lapeer  
LACADA Outreach – 410 W. Nepessing, Lapeer  
Immaculate Conception Church 814 W. Nepessing  
Farmer Jack – 1821 S. Cedar, Imlay City  
The Almont Post Office – 116 N. Main St, Almont  
Curves For Women – 3546 S. Lapeer Rd, Metamora

| <b>LACADA Outreach Weekly Support Groups</b> |                                 |                    |
|--|---------------------------------|--------------------|
| Tuesday                                      | Domestic Violence Support Group | 10:00 – 11:30 a.m. |
| Wednesday                                    | Domestic Violence Support Group | 6:30 – 8:00 p.m.   |
| Wednesday                                    | Children's Support Group        | 6:30 – 7:30 p.m.   |
| Thursday                                     | Sexual Assault Support Group    | 6:30 – 8:00 p.m.   |

### **Support Groups**

As part of LACADA's outreach and supportive services we offer support groups to survivors of domestic violence, sexual assault and their children. The support groups give individuals a safe place to talk with other's in similar situations.

Goals of the support group are to provide education on domestic violence and/or sexual assault, to focus on the emotional needs of the survivor, to assist survivors in goal setting and attainment, and to assure survivors that they are not to blame and are not alone. The domestic violence and sexual assault support groups are held at LACADA Outreach located at 410 West Nepessing St, inside the Lyric Mall, downtown Lapeer. If you are interested in having your child(ren) attend the children's support group, please call in advance for location. All groups are free and confidential. For more information, please call LACADA Outreach at 810-245-0632.

### **2005 Upcoming Events**

**Stalking Awareness Month- January 2005**

**National Crime Victims Week-April 10-16,2005**

**Sexual Assault Awareness Month -April 2005**

**Taste Of Lapeer-September -2005**

### **CO DIRECTORS CHAIR**

Greetings!

It is with much joy that LACADA is settling into our new emergency shelter but our work is not done. In 2005 we will be remodeling a portion of the shelter for our children's area. This space will give the children a place to have freedom to play, display artwork, and a safe place for the children's group. The new LACADA house allows us to continue to provide safe emergency shelter, 24-HOUR crisis intervention, children's services, case management and Advocacy. We will strive to improve the scope of our outreach services which include legal advocacy, court accompaniment, individual domestic violence and sexual assault counseling and support groups. This community has shown tremendous support for domestic violence and sexual assault survivors and their children. The assistance of the community, individuals, businesses, and special groups like the "Friends" of LACADA and "25'rs club" will be key in keeping people safe and saving lives in the future.

Our goal is safety, justice, and equality for all.

Kimberly Heberd and Tracey Walker

Executive Co-Directors [lacada@lacada.org](mailto:lacada@lacada.org)

[www.lacada.org](http://www.lacada.org)

**"Be the change you want to see in the world."**

**--Mahatma Gandhi**

“Happiness is not a goal, it is a by-product.”  
--Eleanor Roosevelt

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### **“Friends” of LACADA**

“Friends” of LACADA is a group of compassionate individuals whom help meet the special and immediate needs of the shelter year round. Each month through email and the LACADA website ([www.lacada.org](http://www.lacada.org)) the “Friends” are informed of the shelter needs, each “Friend” may choose one or more items off the list and drop them off at a designated spot located within the community. Examples of the items the “Friends” may provide are blankets, towels, food and personal care items. Another valuable contribution of the “Friends” is their assistance and/or organizing of LACADA’s fundraising activities including the annual “Taste of Lapeer”. If you’d like to be a “Friend” please feel free to contact Trisha at [tburrough@yahoo.com](mailto:tburrough@yahoo.com), or Veronica at [abhouse@aol.com](mailto:abhouse@aol.com) or Erin at (810) 667-4193 ext. 3. New members are always welcome and appreciated.

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### **25r’s Club**

Do you have an extra .83 cents a day???? Become part of the LACADA 25r’s Club! The 25r’s Club is another way service groups, churches, and individuals can help LACADA. By donating \$25.00 every month you can assist LACADA in meeting the needs of survivors of domestic and sexual violence. You do not have to attend meetings or shop for items. You just have to be committed to the cause of ending Domestic and Sexual Assault. If you are interested in becoming part of the 25r’s Club you can send a check to P.O Box 356, Lapeer, MI. 48446 or call Erin at 810-667-4193.

### **HOLIDAY WRAP-UP**

The Lapeer Community made The Christmas season for families of violent homes much brighter. Christmas is the time of year when many people ask themselves what they can do to help people in need. LACADA benefited from the generosity of many individuals and groups who sent gifts and food for our clients and the emergency shelter. We would like to extend a special thank you to those individuals, groups, and families who worked to make Christmas 2004 a little more cheerful for our clients. Your generosity allowed us to assist 13 families with help for Christmas and provided the emergency shelter with much needed items to operate year round. If you are interested in helping next year please contact the shelter at 810-667-4175.

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### **SANE/SART Task Force**

The Lapeer County Domestic and Sexual Violence Coalition has formed a Task Force to create a Sexual Assault Nurse Examiner (SANE) Program and Sexual Assault Response Team (SART). The main goals of a SANE/SART program are to provide immediate compassionate care and comprehensive forensic exams to survivors of sexual assault. SANE/SART programs across the country have shown an increase in reporting of sexual assaults, increased rate of successful prosecution, and an increase in the quality of care provided to victims of sexual assault. If you are interested in becoming a part of this initiative or in volunteering as part of the emergency response, please contact Tracy Howard at 810-245-0632 or [tracyh@lacada.org](mailto:tracyh@lacada.org).

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### **KIDS CORNER**

LACADA offers support services to children who have experienced domestic violence in their lives. We offer a safe place for children to express themselves. An Advocate works with the family and makes referrals to community programs when appropriate. LACADA children have someone that focuses time and attention on them when mom or dad is going through a difficult period in their life. LACADA provided safe shelter to 63 children and their families in 2004. In 2005 LACADA will be holding a children’s support group on Wednesday evenings from 6:30-7:30 at our Outreach offices. This support group is open to the community and is free of charge. For more information please call Kim at 810-667-4193.

## LACADA STATS 2004

(January-December)

### Emergency Shelter

73 Adults

63 Children

1,115 Adult Shelter Nights

1,392 Children Shelter Nights

### Crisis Line/Counseling

881 Crisis calls received

878 Information/Referral Calls

288 Follow up Calls

2,796 units of individual support

### Trans. Housing Program (2-year program)

4 Adults

7 Children

### Non-Residential Services Domestic Violence

132-Adult Women

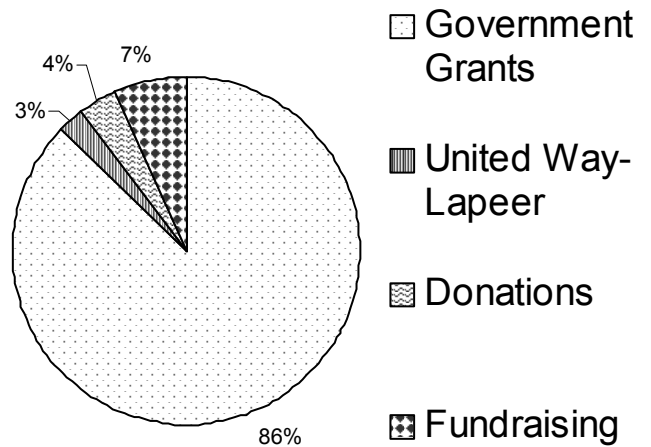
17-Children

### Non-Residential Services-Sexual Assault

35-Adult Women

5-Children

LACADA  
2004 Funding Sources



LACADA

PO Box 356

Lapeer, MI 48446

[lacada@lacada.org](mailto:lacada@lacada.org)

[www.lacada.org](http://www.lacada.org)

### **Would You Like To Help**

In September of 1991 LACADA opened the doors to Lapeer County's emergency domestic violence shelter. The shelter was ran entirely by volunteers who wanted to make a difference in their community. Through the years LACADA has grown into a domestic violence program that includes temporary emergency shelter, crisis intervention, children's services, transitional housing services, sexual assault services, support groups, and outreach services. Although we now have paid staff; volunteers are still the heart of our organization. If you have time and would like to make a difference, we have many volunteer opportunities. Please contact Tracy Howard at 810-245-0632 or [tracvh@lacada.org](mailto:tracvh@lacada.org).